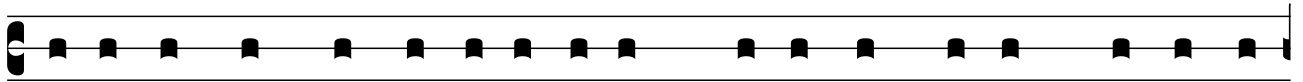


# 1 Corinthians 10:1-4,16-17

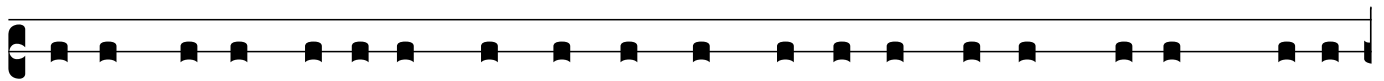
*Of the Holy Eucharist*



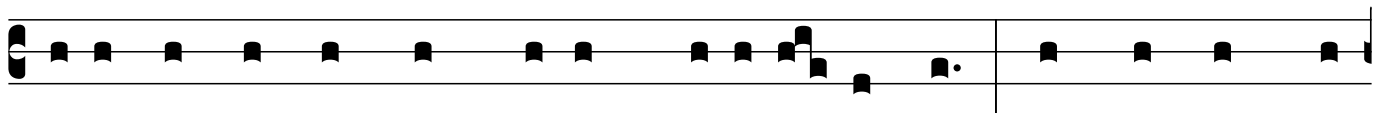
I do not want you to be ignorant, brothers and sisters, that our an-



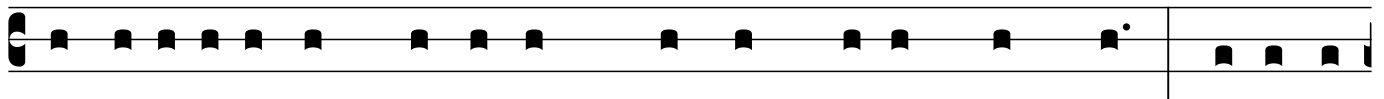
cestors were all under the cloud, and all passed through the sea, and all were



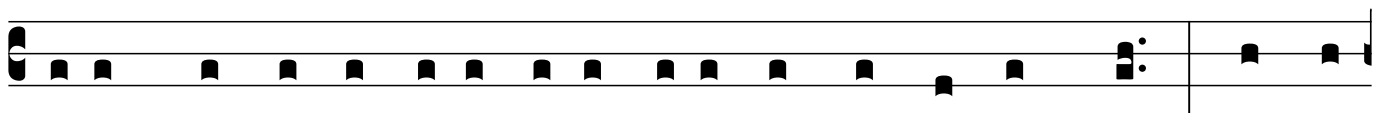
baptized into Moses in the cloud and in the sea, and all ate the same spir-it-



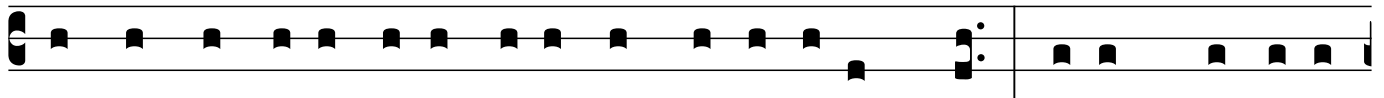
u-al food, and all drank the same spir-it-u- al drink. For they drank from



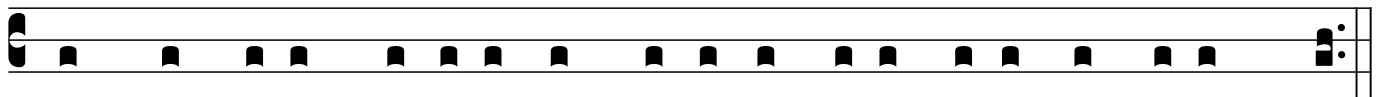
the spir-it-u- al rock that followed them, and the rock was Christ. The cup of



blessing that we bless, is it not a shar-ing in the blood of Christ? The bread



that we break, is it not a shar-ing in the bod-y of Christ? Because there is one



bread, we who are man-y are one bod-y, for we all partake of the one bread.