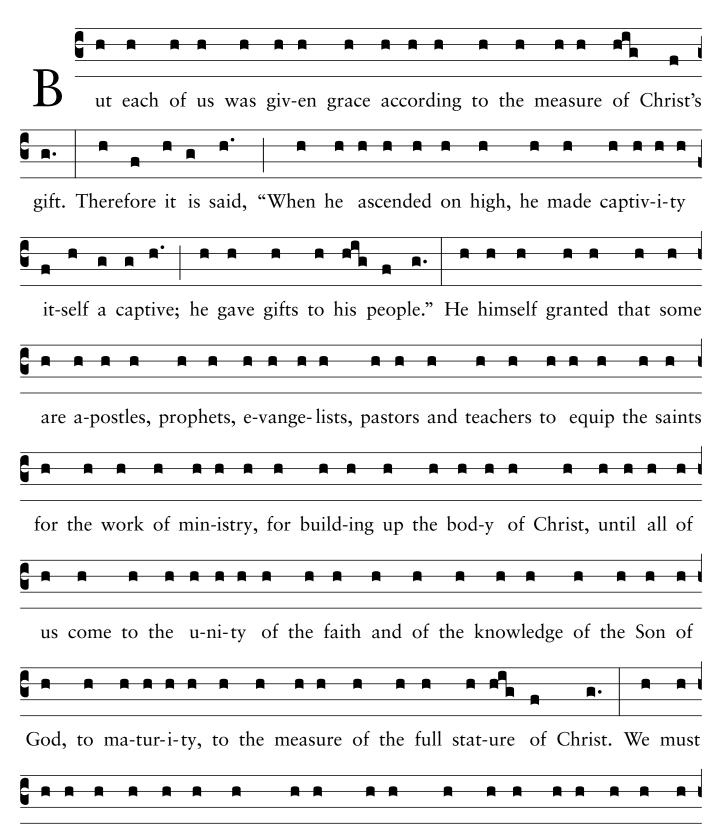
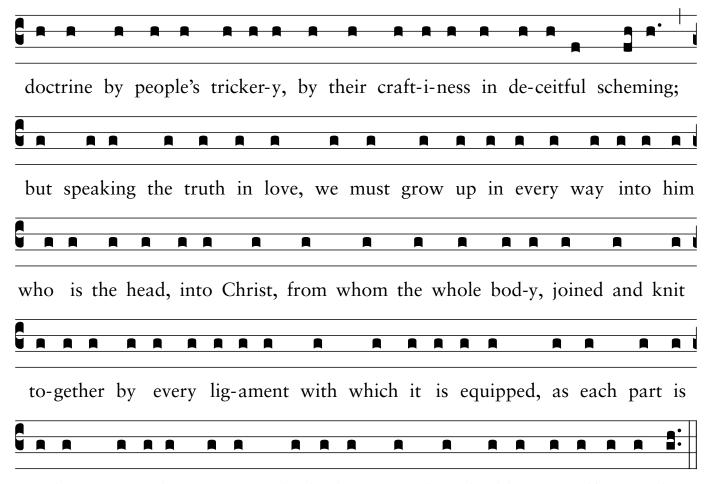
Ephesians 4:7-8,11-16

St. Mark



no longer be children, tossed to and fro and blown about by every wind of



working prop-erly, promotes the bod-y's growth in build-ing it-self up in love.