

Fifth Sunday in Lent Year B

Psalm 119: 9-16 (alt.)

Mode 6 **Refrain**

Hap - py are they who walk in the law of the Lord.

9. How shall a *young man* cleanse his way? By keep - ing to your words.

10. With my *whole* heart I seek you; let me *not* stray from

your com - mand-ments. **Refrain** 11. I trea - sure your promise in my heart,

that I may *not* sin a - gainst you. 12. Blessed are you, O Lord;

instruct me in your stat - utes. **Refrain** 13. With my *lips* will I re - cite

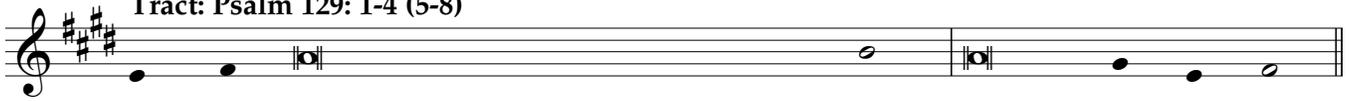
all the judg - ments of your mouth. 14. I have taken greater delight

in the way of your de - crees than in *all* man - ner of rich - es. **Refrain**

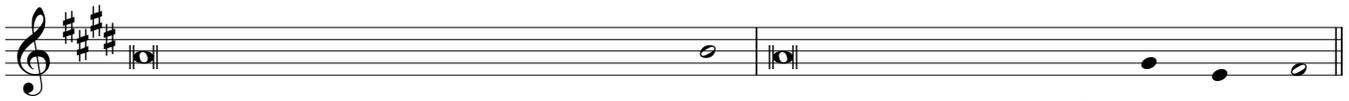
15. I will *meditate* on your com - mand-ments and give at - ten - tion to your ways.

16. My delight is in your stat - utes; I will not for - get your word. **Refrain**

Tract: Psalm 129: 1-4 (5-8)



1. "Great - ly have they oppressed me since my youth," let Isra - el *now* say;



2. "Greatly have they oppressed me since my youth, but they have not prevailed a - gainst me."



3. The plowmen plowed upon my back and made their fur - rows long.



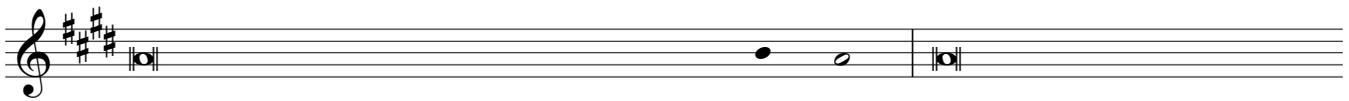
4. The *Lord*, the Right - eous One, has cut the cords of the wick - ed.



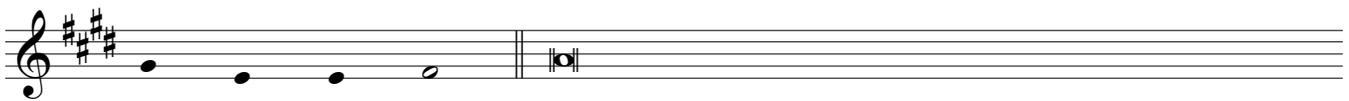
5. Let them be put to shame and *thrown* back, *all* those who are enemies of Zi - on.



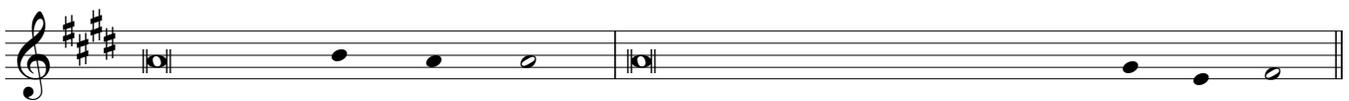
6. Let them be like grass upon the house-tops, which withers before it can be plucked;



7. Which does *not* fill the hand of the reap - er, nor the bosom of him

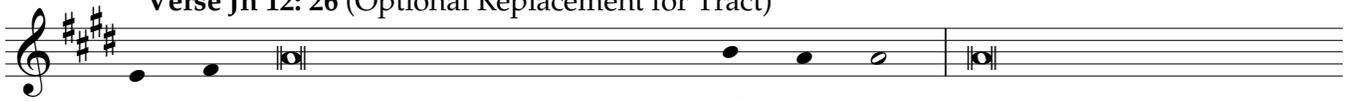


who binds the sheaves; 8. So that those who go *by say* not so much as,



"The *Lord* pros - per you. We wish you well in the name of the Lord."

Verse Jn 12: 26 (Optional Replacement for Tract)



If an - y - one serves me, he must fol - low me; and where I am



there shall my ser - vant al - so be.